531 S Ashley, Ann Arbor 734.369.2016 therapy4couples.com

June 2016

## Welcome to Summer!



It's been quite some time since you've heard from me. I have been preoccupied with remodeling the downstairs of my place on South Ashley which it is now my home. I see clients in a separate upstairs office at 531 where I have had my office since 2002.

In the past few months, the outside of my house has had a "face lift." You will have no problem recognizing my house and office as it is now Granny Smith Apple green with "maroon-ish" accents. My office address is 531 South Ashley, the right hand door, and my home is 529

South Ashley, the left hand door.





## The Amazing Power of Touch

I enjoy presenting psycho-educational workshops. One that I offer that couples have found to be very beneficial is: The Amazing Power of Touch

It's a three and one half hour workshop for couples. I would like to schedule this workshop for sometime this summer. So, I am taking a survey to find out if there is enough interest. Please contact me by e-mail at carole777@aol.com or phone 734-369-2016 to let me know if you are interested. Once there are 6-8 couples, I will work out a time that fits with your summer schedule.

Come learn about the amazing power and significance of touch in your relationship and more generally as well. Learn about the newly recognized system known as affective or emotional touch and its importance in your relationships. Touch contributes to attachment. It strengthens the immune system. Non-sexual touch connects people in community, in work places, in sports, etc. It's a part of the social glue of our families, friendships, and society.

It's the human connection that wins the day -- wins the marriage. The best marriages engage in lots of touch. Come learn and experience!



Being humbled by life experience might, in fact, be a requirement for maturity.

- Confused about where the love went?
- ♥ Afraid to get help & afraid not to get help?
- ▼ Thinking it's all your partner's fault?

Come sooner rather than later!

Oct 14-16, 2016

Wyndham Garden Hotel 2900 Jackson Ave, Ann Arbor

Fri 7-10:30pm | Sat 8:30am-8pm Sun 8:30am-6pm

## Discover a New Way to Love

a relationship weekend workshop for couples





Based on the best selling book, *Getting the Love You Want, A Guide for Couples*, by Harville Hendrix, PhD founder of Imago relationship therapy.

- This intensive weekend for couples will help you discover what is getting in the way of a safe, loving relationship.
- You will understand yourself and your partner better and develop an awareness of how to use your relationship for mutual healing and fulfillment.
- You will learn the importance of focusing on the needs of the relationship rather than your individual needs.
- If you are currently in couples therapy it will turbo charge your work!

Register today at: therapy4couples.com or contact Carole at: 734-369-2016